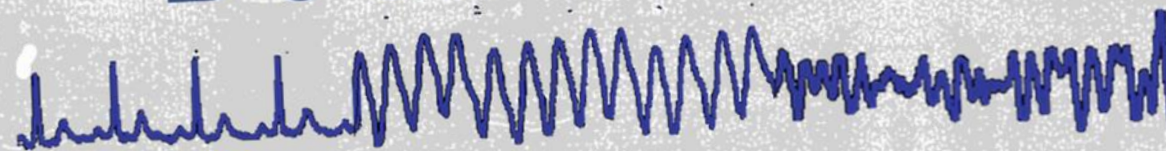
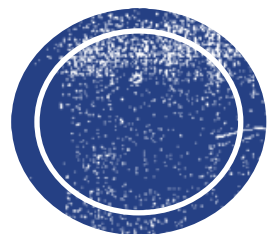




**EMERGENCY MEDICINE**

**BOOT CAMP**





# INFECTIOUS DISEASE

José A. Rubero, MD, FACEP, FAAEM

Professor

# OLD DEFINITIONS FOR SIRS

## Clinical Spectrum of SIRS

- Infection
  - Identifiable source of microbial insult
- SIRS = 2 or more:
  - Temp  $\geq 38^{\circ}\text{C}$  or  $\leq 36^{\circ}\text{C}$
  - HR  $\geq 90$  bpm
  - RR  $\geq 20$  breaths/min or PaCO<sub>2</sub>  $\leq 32$  mmHg or mechanical ventilation
  - WBC  $\geq 12,000/\mu\text{L}$  or  $\leq 4000/\mu\text{L}$  or  $\geq 10\%$  band forms
- Sepsis
  - Infection + SIRS
- Severe Sepsis
  - Sepsis + Organ Dysfunction
- Septic Shock
  - Sepsis + Cardiovascular Collapse (requires vasopressors)



# QSOFA

Hypotension  
Systolic BP  
<100 mmHg

Altered  
Mental  
Status

Tachypnea  
RR >22/Min

Score of  $\geq 2$  Criteria Suggests a Greater Risk of a Poor Outcome



# NEW SEPSIS GUIDELINES

Clinical Review & Education

Special Communication | CARING FOR THE CRITICALLY ILL PATIENT

## The Third International Consensus Definitions for Sepsis and Septic Shock (Sepsis-3)

Mervyn Singer, MD, FRCP; Clifford S. Deutschman, MD, MS; Christopher Warren Seymour, MD, MSc; Manu Shankar-Hari, MSc, MD, FFICM; Djillali Annane, MD, PhD; Michael Bauer, MD; Rinaldo Bellomo, MD; Gordon R. Bernard, MD; Jean-Daniel Chiche, MD, PhD; Craig M. Coopersmith, MD; Richard S. Hotchkiss, MD; Mitchell M. Levy, MD; John C. Marshall, MD; Greg S. Martin, MD, MSc; Steven M. Opal, MD; Gordon D. Rubenfeld, MD, MS; Tom van der Poll, MD, PhD; Jean-Louis Vincent, MD, PhD; Derek C. Angus, MD, MPH



# NEW SEPSIS DEFINITIONS

## Box 3. New Terms and Definitions

- Sepsis is defined as life-threatening organ dysfunction caused by a dysregulated host response to infection.
- Organ dysfunction can be identified as an acute change in total SOFA score  $\geq 2$  points consequent to the infection.
  - The baseline SOFA score can be assumed to be zero in patients not known to have preexisting organ dysfunction.
  - A SOFA score  $\geq 2$  reflects an overall mortality risk of approximately 10% in a general hospital population with suspected infection. Even patients presenting with modest dysfunction can deteriorate further, emphasizing the seriousness of this condition and the need for prompt and appropriate intervention, if not already being instituted.
- In lay terms, sepsis is a life-threatening condition that arises when the body's response to an infection injures its own tissues and organs.
- Patients with suspected infection who are likely to have a prolonged ICU stay or to die in the hospital can be promptly identified at the bedside with qSOFA, ie, alteration in mental status, systolic blood pressure  $\leq 100$  mm Hg, or respiratory rate  $\geq 22$ /min.
- Septic shock is a subset of sepsis in which underlying circulatory and cellular/metabolic abnormalities are profound enough to substantially increase mortality.
- Patients with septic shock can be identified with a clinical construct of sepsis with persisting hypotension requiring vasopressors to maintain MAP  $\geq 65$  mm Hg and having a serum lactate level  $> 2$  mmol/L (18 mg/dL) despite adequate volume resuscitation. With these criteria, hospital mortality is in excess of 40%.

Abbreviations: MAP, mean arterial pressure; qSOFA, quick SOFA; SOFA: Sequential [Sepsis-related] Organ Failure Assessment.



# SOFA SCORES

Table 1. Sequential [Sepsis-Related] Organ Failure Assessment Score<sup>a</sup>

System	Score				
	0	1	2	3	4
Respiration					
Pao <sub>2</sub> /Fio <sub>2</sub> , mm Hg (kPa)	≥400 (53.3)	<400 (53.3)	<300 (40)	<200 (26.7) with respiratory support	<100 (13.3) with respiratory support
Coagulation					
Platelets, ×10 <sup>3</sup> /μL	≥150	<150	<100	<50	<20
Liver					
Bilirubin, mg/dL (μmol/L)	<1.2 (20)	1.2-1.9 (20-32)	2.0-5.9 (33-101)	6.0-11.9 (102-204)	>12.0 (204)
Cardiovascular					
	MAP ≥70 mm Hg	MAP <70 mm Hg	Dopamine <5 or dobutamine (any dose) <sup>b</sup>	Dopamine 5.1-15 or epinephrine ≤0.1 or norepinephrine ≤0.1 <sup>b</sup>	Dopamine >15 or epinephrine >0.1 or norepinephrine >0.1 <sup>b</sup>
Central nervous system					
Glasgow Coma Scale score <sup>c</sup>	15	13-14	10-12	6-9	<6
Renal					
Creatinine, mg/dL (μmol/L)	<1.2 (110)	1.2-1.9 (110-170)	2.0-3.4 (171-299)	3.5-4.9 (300-440)	>5.0 (440)
Urine output, mL/d				<500	<200

Abbreviations: Fio<sub>2</sub>, fraction of inspired oxygen; MAP, mean arterial pressure; Pao<sub>2</sub>, partial pressure of oxygen.

<sup>a</sup> Adapted from Vincent et al.<sup>27</sup>

<sup>b</sup> Catecholamine doses are given as μg/kg/min for at least 1 hour.

<sup>c</sup> Glasgow Coma Scale scores range from 3-15; higher score indicates better neurological function.



# SOME CRITERIA FROM THE OLD DEFINITIONS

**TABLE 2. Severe Sepsis**

**Severe sepsis definition = sepsis-induced tissue hypoperfusion or organ dysfunction (any of the following thought to be due to the infection)**

Sepsis-induced hypotension

Lactate above upper limits laboratory normal

Urine output  $< 0.5 \text{ mL/kg/hr}$  for more than 2 hrs despite adequate fluid resuscitation

Acute lung injury with  $\text{PaO}_2/\text{FiO}_2 < 250$  in the absence of pneumonia as infection source

Acute lung injury with  $\text{PaO}_2/\text{FiO}_2 < 200$  in the presence of pneumonia as infection source

Creatinine  $> 2.0 \text{ mg/dL}$  ( $176.8 \text{ }\mu\text{mol/L}$ )

Bilirubin  $> 2 \text{ mg/dL}$  ( $34.2 \text{ }\mu\text{mol/L}$ )

Platelet count  $< 100,000 \text{ }\mu\text{L}$

Coagulopathy (international normalized ratio  $> 1.5$ )

Adapted from Levy MM, Fink MP, Marshall JC, et al: 2001 SCCM/ESICM/ACCP/ATS/SIS International Sepsis Definitions Conference. *Crit Care Med* 2003; 31: 1250–1256.





	OLD	NEW
SEPSIS	suspected infection + SIRS	suspected infection + $2 \geq$ qSOFA or rise in SOFA score by $\geq 2$
SEVERE SEPSIS	sepsis + hypotension, hypoxia, elevated lactate or other lab markers of end organ dysfunction	(category removed)
SEPTIC SHOCK	sepsis + hypotension after adequate fluid resuscitation	sepsis + vasopressors + lactate $> 2$



# SEPSIS BEDSIDE CRITERIA



# SEPSIS CLINICAL CRITERIA

## INFECTION



+

CHANGE IN:

**S**EPSIS-RELATED  
**O**RGAN  
**F**AILURE  
**A**SSESSMENT

≥ 2



↓ PaO<sub>2</sub>/FiO<sub>2</sub>



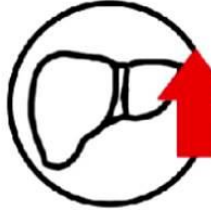
↓ HYPOTENSION OR  
↓ VASOPRESSORS



↓ PLATELETS



↓ GLASGOW  
COMA SCALE



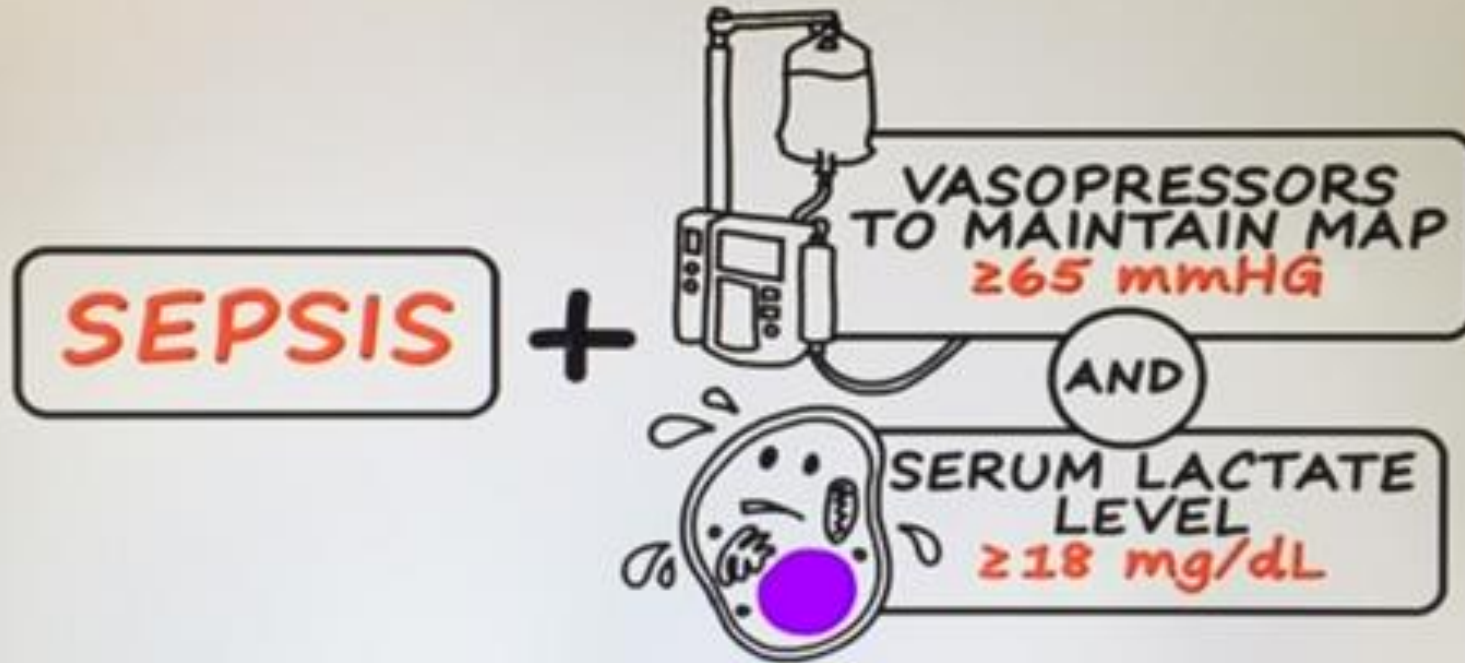
↑ BILIRUBIN



↑ CREATININE,  
OLIGURIA

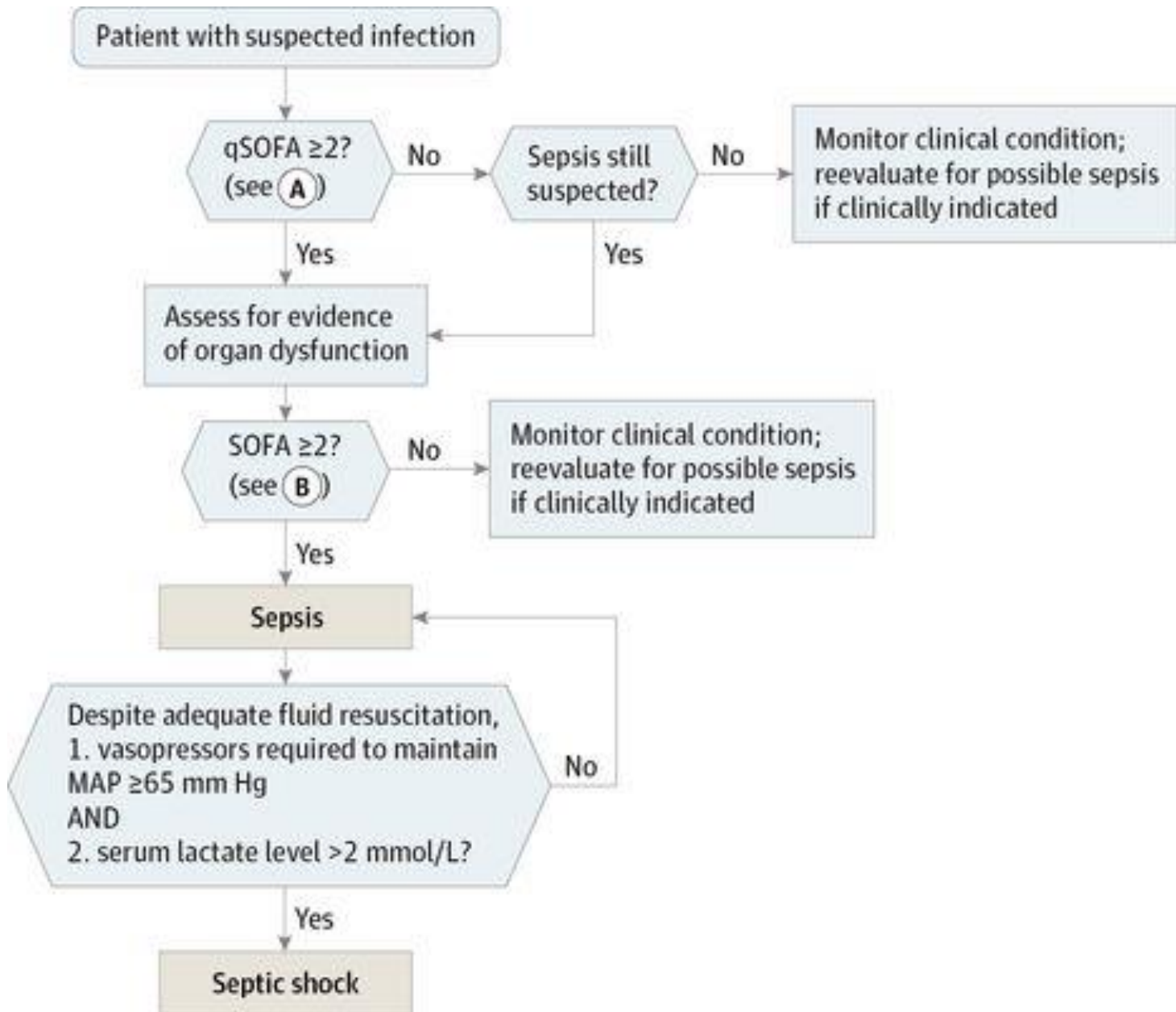


# SEPTIC SHOCK



IN THE ABSENCE OF HYPOVOLEMIA





- A** qSOFA Variables
- Respiratory rate
  - Mental status
  - Systolic blood pressure

- B** SOFA Variables
- PaO<sub>2</sub>/FiO<sub>2</sub> ratio
  - Glasgow Coma Scale score
  - Mean arterial pressure
  - Administration of vasopressors with type and dose rate of infusion
  - Serum creatinine or urine output
  - Bilirubin
  - Platelet count



# OLD WAY!



# NEW WAY!



# CALL SEPSIS ALERT! YOU HAVE 60 MINUTES!

- IVF's:
  - NS 30 mL/kg
- Antibiotics
  - At least 2
- Lactic acid
  - Now and in 3 hours
- Lab work
  - CBC, CMP, PTT/aPTT, UA
- Cultures
  - Blood, urine, sputum, CSF, Wound, etc (if needed)
- O2





# NEW 'RED FLAG' SEPSIS CRITERIA



Check for **IMMEDIATE RED FLAGS**

Any **1** = Severe 'RED FLAG' Sepsis  
Administer Sepsis Six in 60 minutes

Think **FABULOS**:

**F**luid

**A**ntibiotics

**B**lood Cultures

**U**rine Output

**L**actate

**O**xygen

in **S**ixty minutes



**ANTIBIOTIC SELECTION FOR OSCEOLA REGIONAL MEDICAL CENTER**

Source	First-line	Penicillin allergy
<b>Unknown Origin</b>	Cefepime + Levofloxacin + Vancomycin	Aztreonam + Levofloxacin + Vancomycin
<b>CAP – no pseudomonal risk*</b>	Ceftriaxone + Azithromycin *	Levofloxacin*
<b>CAP – pseudomonal risk* (eg. Structural lung disease)</b>	Cefepime + Levofloxacin or Azithromycin*	Levofloxacin + Aztreonam*
<b>HAP/VAP/HCAP</b>	Cefepime + Vancomycin Optional: add Tobramycin	Levofloxacin + Tobramycin + Vancomycin <i>(If renal impairment substitute Aztreonam for Tobramycin)</i>
<b>Skin &amp; Soft Tissue Infection</b>	Vancomycin + Piperacillin/Tazobactam <i>(For necrotizing infection: add Clindamycin)</i>	Vancomycin + Ciprofloxacin + Metronidazole
<b>UTI – nursing home, healthcare-associated, or significant comorbidities**</b>	Cefepime**	Tobramycin + levofloxacin**
<b>UTI – community-acquired &amp; no significant comorbidities **</b>	Ceftriaxone**	Aztreonam + levofloxacin**
<b>Febrile Neutropenia</b>	Cefepime + Tobramycin ± Vancomycin <i>Add Metronidazole if abdomen is suspected source</i>	Aztreonam + Tobramycin ± Vancomycin
<b>Intra-abdominal Infection</b>	Cefepime + Metronidazole Or Piperacillin/Tazobactam	Levofloxacin + metronidazole
<b>Meningitis – No predisposing risk factors</b>	Dexamethasone (give 1 <sup>st</sup> ) + Ceftriaxone + Vancomycin	Dexamethasone (give 1 <sup>st</sup> ) + Aztreonam + Vancomycin
<b>Meningitis – &gt; 50 yrs or immunocompromised</b>	Dexamethasone (give 1 <sup>st</sup> ) + Ceftriaxone + Vancomycin + Ampicillin	Dexamethasone (give 1 <sup>st</sup> ) + Trimethoprim/sulfamethoxazole + Aztreonam + Vancomycin



Which of the following, with laboratory evidence of HIV infection, constitutes AIDS?

- a. Esophageal candidiasis
- b. Invasive cervical cancer
- c. CNS Cryptococcus
- d. CMV retinitis
- e. All of the above



What is the most common opportunistic infection in patients with AIDS?

- a. Pneumocystis jiroveci (carinii) pneumonia
- b. Mycobacterium tuberculosis
- c. CMV retinitis
- d. CNS lymphoma
- e. Gonorrhea



# HIV / AIDS

- Most common opportunistic infection
  - PCP pneumonitis (*Pneumocystis jirovecii*)
- CNS diseases
  - Toxoplasmosis
  - Lymphoma
  - *Cryptococcus meningitis*
- Lung disease
  - PCP, CAP, TB, *Mycobacterium avium*
- GI disease
  - *Cryptosporidium*
- Esophageal
  - Candidiasis
- Eye
  - CMV
- Skin
  - KS



Which of the following is the most common organism to cause cutaneous abscess?

- a. *B. fragilis*
- b. *P. mirabilis*
- c. MR - *S. aureus*
- d. *E. coli*
- e. Group B streptococci



# SKIN ABSCESS

- Pilonidial, cutaneous, hydranitis suppurativa
- Most common cause
  - Staph, MRSA
- I+D
- Rx:
  - Sulfa/Trimep.
  - Clindamycin
  - Doxycycline
  - TCN
  - Vanco
  - Daptomycin



# PHARYNGITIS

- **First choice**

- PCN
- Benzathine PCN
- Bicillin

- **Second choice**

- ESS, macrolides
- 1<sup>st</sup> or 2<sup>nd</sup> generation cephalosporin
- Clindamycin





# OTITIS MEDIA

- First choice
  - Amoxicillin
- Second choice
  - Augmentin
  - Oral 2<sup>nd</sup> or 3<sup>rd</sup> generation cephalosporin
  - Trimethoprim / sulfamethoxazole
  - Macrolide



# ACUTE EXACERBATION OF CHRONIC BRONCHITIS (AECB)

- First choice

- Macrolide
- Quinolones
- Augmentin

- Second choice

- TCN
- Oral 2<sup>nd</sup> or 3<sup>rd</sup> generation cephalosporin
- Trimethoprim / sulfamethoxazole



# CAP

## AMBULATORY PATIENTS

- **First choice**

- Macrolide
- TCN
- Quinolones

- **Second choice**

- Augmentin
- 2<sup>nd</sup> generation cephalosporin



# CAP

## AMBULATORY PATIENTS > 60 Y/O

- First choice
  - Quinolones
- Second choice
  - Augmentin



# CAP

## HOSPITALIZED PATIENTS

### ■ First choice

- Ceftriaxone
- Beta-lactam / beta-lactamase inhibitor +/- macrolide
- Quinolones

### ■ Second choice

- 2<sup>nd</sup> generation cephalosporin +/- macrolide
- Azithromycin



- Which of the following is the most common STD's in the USA?
  - a. Gonorrhea
  - b. Chlamydia
  - c. Syphilis
  - d. Trichomonas



# URETHRITIS / CERVICITIS

## ▪ First choice

- Azithromycin + ceftriaxone
- Doxycycline + ceftriaxone
- Azithromycin + cefixime or ciprofloxacin
- Amoxicillin + ceftriaxone or cefixime

## ▪ Second choice

- Ofloxacin
- ESS + cefixime or ceftriaxone
- Ciprofloxacin + azithromycin or TCN or ESS



# PID

## OUTPATIENT

- **First choice**

- Ofloxacin or levofloxacin + metronidazole
- Ceftriaxone + doxycycline +/- metronidazole

- **Second choice**

- Azithromycin





# PID

## HOSPITALIZED PATIENT

### ■ First choice

- Cefotetan or cefoxitin + doxycycline
- Clindamycin + gentamicin + doxycycline

### ■ Second choice

- Ofloxacin + metronidazole
- Augmentin + doxycycline
- Ciprofloxacin + doxycycline + metronidazole
- Azithromycin + metronidazole



# INTRA-ABDOMINAL INFECTION AND PERITONITIS

## ▪ First choice

- Beta-lactam / beta-lactamase inhibitor +/- aminoglycoside
- Cefotetan or cefoxitin +/- aminoglycoside
- 3<sup>rd</sup> generation cephalosporin + metronidazole or clindamycin +/- aminoglycoside

## ▪ Second choice

- Quinolone + metronidazole or clindamycin
- Carbapenem +/- aminoglycoside



# ENDOCARDITIS

Native valves  
IVDU

Non-IVDU

Prosthetic  
valves

- **First choice**
  - Nafcillin or oxacillin + gentamicin
  - PCN or ampicillin + oxacillin or nafcillin + gentamicin
  - Vanco + gentamicin + rifampin

- **Second choice**
  - Vanco
  - Vanco + gentamicin



The most common cause of erythema multiforme is:

- a. Streptococcal infections
- b. Exposure to drugs and HSV infection
- c. Viral infections
- d. Salicylates
- e. Tuberculosis



# CELLULITIS

## OUTPATIENTS

- **First choice**

- Dicloxacillin
- Augmentin

- **Second choice**

- Macrolide
- 1<sup>st</sup> generation cephalosporin



# CELLULITIS

## HOSPITALIZED PATIENTS

### ■ First choice

- Nafcillin or oxacillin
- Carbapenem
- Beta-lactam / beta-lactamase inhibitor

### ■ Second choice

- Macrolide
- 1<sup>st</sup> generation cephalosporin
- Quinolone + clindamycin or metronidazole



# CELLULITIS

## BITE WOUNDS

Mild

- First choice
  - Augmentin

- Second choice

- Quinolone + clindamycin or Trimethoprim/sulfamethoxazole

Severe

- Beta-lactam / beta-lactamase inhibitor

- Quinolone + clindamycin or Trimethoprim/sulfamethoxazole



# CELLULITIS

## DIABETIC FOOT

### Mild infection

- First choice
  - 1<sup>st</sup> generation cephalosporin
  - Clindamycin

- Second choice
  - Augmentin

### Severe

- Beta-lactam / beta-lactamase inhibitor
- Cefoxitin or cefotetan
- Quinolone + clindamycin or metronidazole

- Carbapenem
- Nafcillin or oxacillin + gentamicin + metronidazole





# MENINGITIS

## NEWBORNS

- **First choice**
  - Ampicillin + cefotaxime
- **Second choice**
  - Ampicillin + gentamicin



# MENINGITIS

PATIENTS 2 M/O – 60 YRS

- **First choice**

- Ceftriaxone or cefotaxime  
+/- vanco +/- rifampin

- **Second choice**

- Meropenem +/- vanco



# MENINGITIS

PATIENTS OLDER THAN 60 Y/O OR IMMUNE COMPROMISED

- **First choice**

- Ceftriaxone or cefotaxime +/- vanco + ampicillin +/- gentamicin

- **Second choice**

- Meropenem +/- vanco



# MENINGITIS

## PENICILLIN ALLERGIC

- **First choice**

- Chloramphenicol + vanco  
+/- rifampin +  
Trimethoprim/  
sulfamethoxazole

- **Second choice**

- Aztreonam + vanco +  
Trimethoprim/  
sulfamethoxazole



# UTI

- **Uncomplicated infection (cystitis)**
  - Trimethoprim/ sulfamethoxazole
  - Quinolone
  - 1<sup>st</sup> generation cephalosporin
  - Nitrofurantoin



# UTI

- Pyelonephritis outpatient
  - Quinolone
  - Cephalosporin
  - Augmentin
  - Trimethoprim/ sulfamethoxazole



# UTI

- Hospitalized patients
  - Ceftriaxone
  - Quinolone
  - Beta-lactam / beta-lactamase inhibitor +/- gentamicin
  - Carbapenem



# UTI IN CHILDREN < 6 Y/O

- < 2 weeks
  - Ampicillin + gentamicin
- 2 weeks – 2 months
  - Ampicillin + cefotaxime
- > 2 months
  - Hospitalized
    - Cefotaxime or ceftriaxone
  - Oral regimens
    - Trimethoprim/ sulfamethoxazole
    - Cephalexin
    - Cefixime
    - Nitrofurantoin





# SEPSIS SYNDROME

## NEONATES

- **First choice**

- Ampicillin + cefotaxime

- **Second choice**

- Ampicillin + gentamicin



# SEPSIS SYNDROME

- Children
  - 3<sup>rd</sup> generation cephalosporin



# SEPSIS SYNDROME

## ADULT

### ■ First choice

- 3<sup>rd</sup> or 4<sup>th</sup> generation cephalosporin
- Beta-lactam / beta-lactamase inhibitor

### ■ Second choice

- Carbapenem
- Vanco
- aztreonam



# SEPSIS SYNDROME

## NEUTROPENIC

### ■ First choice

- Beta-lactam / beta-lactamase inhibitor + aminoglycoside +/- vanco

### ■ Second choice

- Carbapenem
- 3<sup>rd</sup> or 4<sup>th</sup> generation cephalosporin + vanco
- PCN allergic: vanco + aminoglycoside +/- metronidazole



Which of the following is not appropriate ED treatment of a patient with tetanus?

- a. TIG administered at a site separate from the toxoid
- b. Autonomic instability requires monitoring and aggressive treatment
- c. Tobramycin 80 mg IV
- d. Tetanus toxoid
- e. Treat muscle spasms with benzodiazepines



Which of the following is not true regarding herpes zoster?

- a. May occur in anyone who has had varicella
- b. More common in the elderly and immunocompromised
- c. Target population for antiviral therapy includes older populations
- d. Topical antiviral therapies should be used routinely





**5 DAY OLD NEONATE WITH  
DISCHARGE FROM EYES**

**Dx and Tx?**





**5 DAY OLD NEONATE WITH  
DISCHARGE FROM EYES**

**Dx: Gonococcal conjunctivitis  
Tx: Ceftriaxone x1**

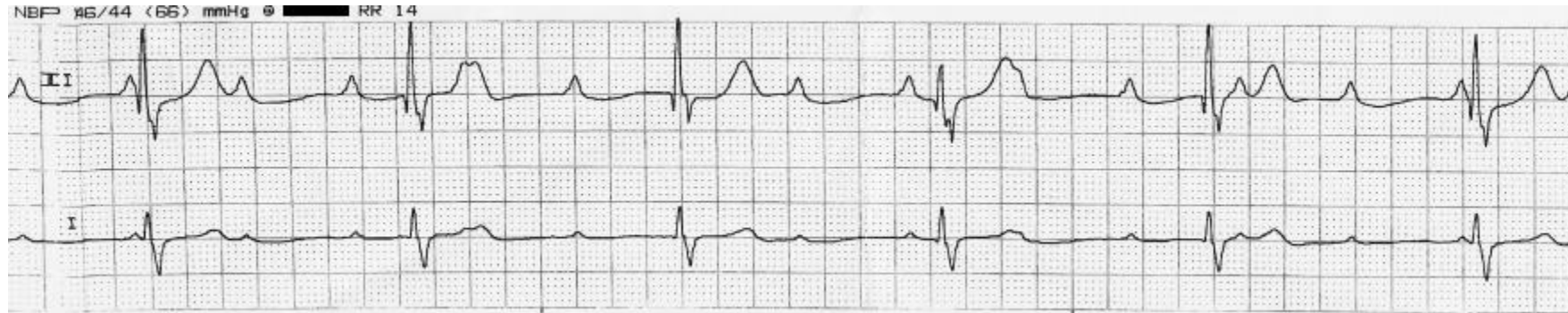




# OPHTHALMIA NEONATORUM

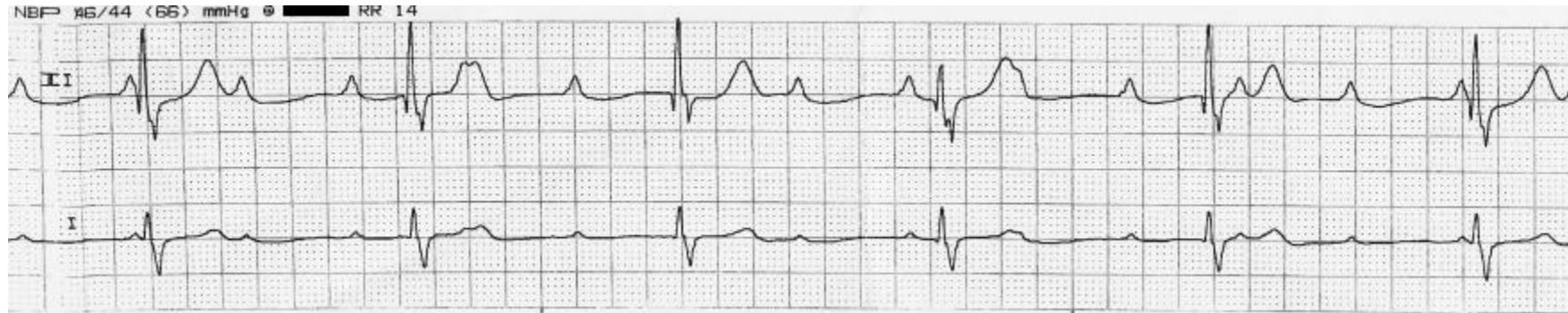
	Chemical	Gonococcal	Chlamydial
<b>Time frame</b>	First 24h	First 2-5 days	5 days – 2 weeks
<b>SSx</b>	Conjunctival injection, mild chemosis	Copious purulent discharge	Watery +/- bloody discharge
<b>Diagnosis</b>	Clinical	Discharge culture and Gram stain	Discharge culture and nucleic acid amplification
<b>Treatment</b>	Supportive, irrigate eyes, usu. lasts 24-36 hours	Ceftriaxone 25-50mg/kg IM x1 (alt: cefotaxime, ceftazidime)	Erythromycin PO x 14 days





**16 YO M WITH NEAR SYNCOPE,  
RECENTLY AT SUMMER CAMP**

**Dx and Tx?**




**16 YOM WITH NEAR SYNCOPE,  
RECENTLY AT SUMMER CAMP**

**Dx: Lyme carditis**

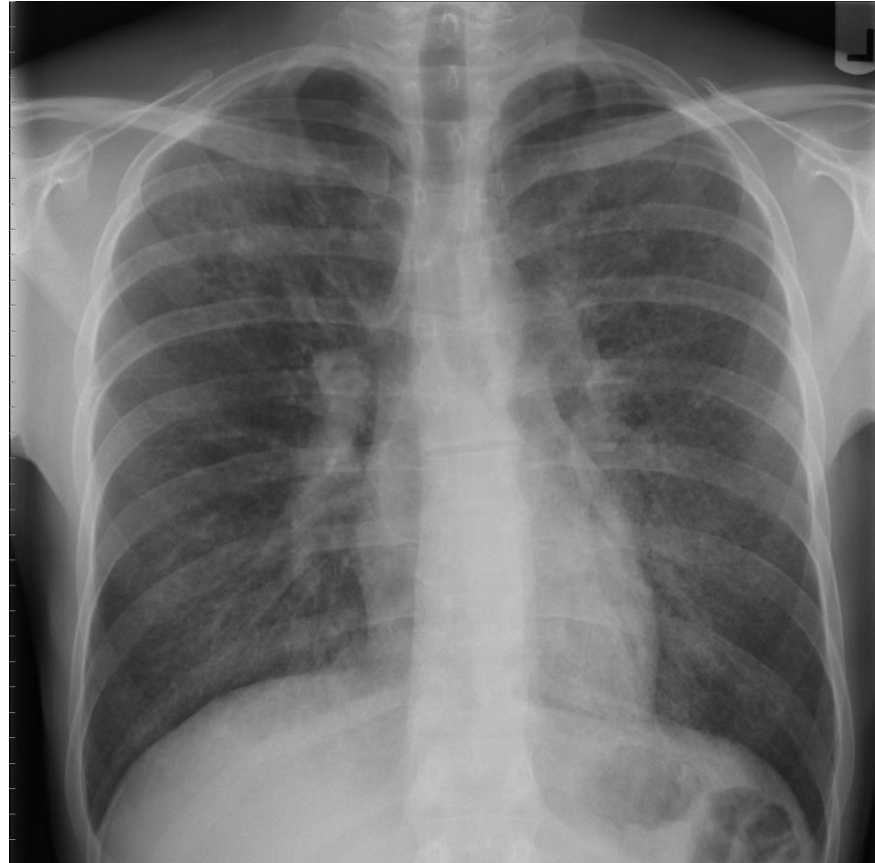
**Tx: Ceftriaxone**

# LYME DISEASE

*Borrelia burgdorferi*, transmitted by *Ixodes* tick

Early localized	Early disseminated	Late disseminated
<p>Erythema migrans (classic “bull’s eye” rash)</p> 	<p>Carditis (e.g. heart block), neurologic symptoms (e.g. meningo-encephalitis, bilateral Bell’s palsy), liver/kidney disease, conjunctivitis</p>	<p>Intermittent mono- or oligoarticular arthritis (usu. knees)</p>
<p>Time course: Days to weeks</p>	<p>Time course: Weeks to months</p>	<p>Time course: Months to years</p>
<p>Tx: doxycycline, alt. amoxicillin</p>	<p>Tx: ceftriaxone IV</p>	<p>Tx: ceftriaxone IV</p>

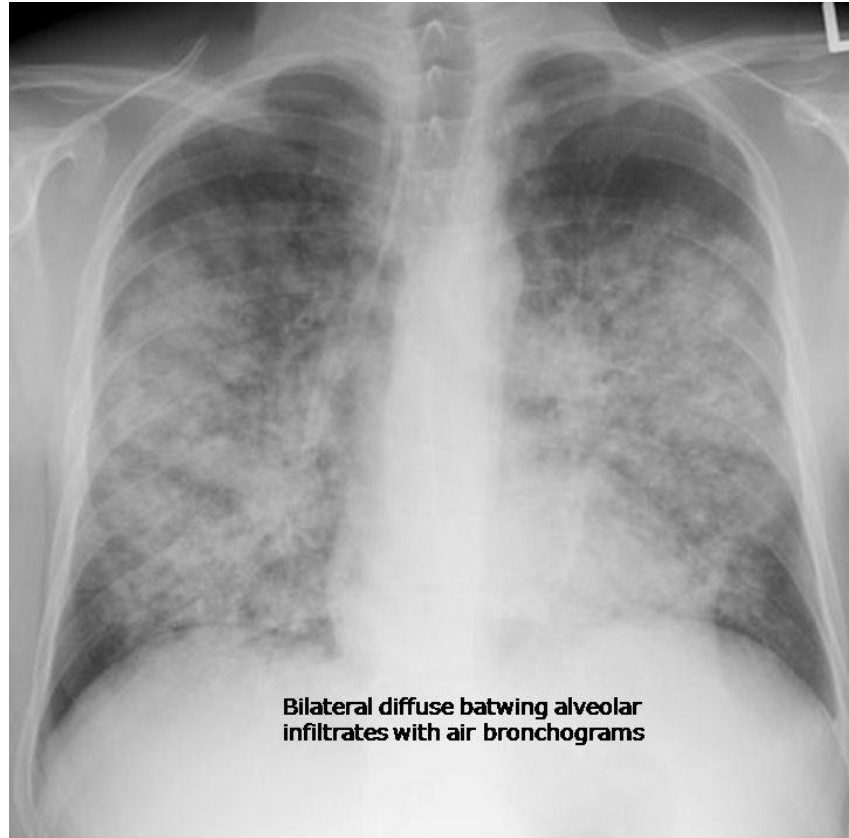




**47 YO M WITH HIV P/W  
DYSPNEA AND SAO2 74%**

**Dx and Tx?**





Bilateral diffuse batwing alveolar infiltrates with air bronchograms

**47 YOM WITH HIV P/W DYSPNEA  
AND SAO<sub>2</sub> 74%**

**Dx: PJP  
Tx: TMP-SMX**



# OPPORTUNISTIC INFECTIONS IN AIDS

CD4 count	Opportunistic Diseases
<500	Tuberculosis, HSV, Zoster, Kaposi sarcoma
<200	PJP, HIV encephalopathy, candidiasis, PML
<100	Fungi and protozoans: toxo, histo, crypto
<50	CNS lymphoma, CMV retinitis/gastritis/pneumonitis

**Note:** AIDS patients get all the usual stuff too, so don't forget about run-of-the-mill Strep or influenza.



# 47 YO GOVERNMENT EMPLOYEE WITH SOB AND FLU-LIKE SYMPTOMS 1 WEEK AFTER OFFICE EXPLOSION

Possible causes?

Next steps?





# 47 YO GOVERNMENT EMPLOYEE WITH SOB AND FLU-LIKE SYMPTOMS 1 WEEK AFTER OFFICE EXPLOSION

Possible causes?

Anthrax, pneumonic plague, smallpox

Next steps?

Isolation, early abx



# BIOLOGICAL WARFARE

Cause	Symptoms	Treatment
Anthrax ( <i>Bacillus anthracis</i> )	ILI followed by rapid sepsis, hemorrhagic mediastinitis, shock	Ciprofloxacin; pulmonary anthrax has 50-90% mortality
Plague ( <i>Yersinia pestis</i> )	ILI followed by fulminant pna, DIC, and septic shock	Streptomycin, gentamicin, or cipro; near 100% mortality if not treated early
Smallpox	ILI followed by head-to-body pox rash; 10% can have hemorrhagic form causing petechiae	No treatment, isolate patient ASAP; hemorrhagic form has 90% mortality



# 16 MO MALE WITH TEMP 40°C AND SEIZURE FOLLOWED BY RASH

Name the viral exanthem.

Management?



# 16 MO MALE WITH TEMP 40°C AND SEIZURE FOLLOWED BY RASH

Viral Exanthem:  
Roseola

Management?  
Supportive



# CHILDHOOD EXANTHEMS

Disease	Features
<b>Measles (rubeola)</b>	Blanching “brick red” rash spreading from head -> trunk -> limbs; cough + conjunctivitis + coryza
<b>Varicella (chickenpox)</b>	Crusting vesicles in different stages of healing
<b>Rubella</b>	Measles-like rash in a well-appearing kid; +posterior/occipital lymph nodes, palatal petechiae
<b>Erythema infectiosum (fifth disease)</b>	“Slapped cheeks” -> reticular rash spreading from arms to body
<b>Roseola</b>	High fever x3-5 days +/- seizures, then rash from trunk -> limbs (spares the face)



# DIARRHEA: HERE WE GO AGAIN

Buzz	Bug
Watery diarrhea, ate at a picnic	???
Watery diarrhea, ate reheated rice	???
Watery diarrhea, traveled to Mexico	???



# DIARRHEA: HERE WE GO AGAIN

Buzz	Bug
Watery diarrhea, ate at a picnic	<i>S. aureus</i> (toxin)
Watery diarrhea, ate reheated rice	<i>B. cereus</i> (toxin)
Watery diarrhea, traveled to Mexico	ETEC (toxin)



# DIARRHEA: HERE WE GO AGAIN

Buzz	Bug
Watery diarrhea, ate tuna steak, +rash	???
Watery diarrhea, ate undercooked beef	???
Watery diarrhea, neuro ssx, ate barracuda	???





# DIARRHEA: HERE WE GO AGAIN

Buzz	Bug
Watery diarrhea, ate tuna steak, +rash	Scombroid (2/2 histadine)
Watery diarrhea, ate undercooked beef	C. perfringans (toxin)
Watery diarrhea, neuro ssx, ate barracuda	Ciguatera (toxin)



# DIARRHEA: HERE WE GO AGAIN

Buzz	Bug
Bloody diarrhea, ate undercooked eggs, relative bradycardia	???
Bloody diarrhea, high fever, seizure	???
Bloody diarrhea followed by weakness	???



# DIARRHEA: HERE WE GO AGAIN

Buzz	Bug
Bloody diarrhea, ate undercooked eggs, relative bradycardia	Salmonella (invasive)
Bloody diarrhea, high fever, seizure	Shigella (invasive)
Bloody diarrhea followed by weakness	Campylobacter (invasive) +GBS



# DIARRHEA: HERE WE GO AGAIN

Buzz	Bug
Bloody diarrhea, RLQ pain, contact w/ farm animals	???
Bloody diarrhea, ate raw seafood	???
Bloody diarrhea, ate rare ground beef	???



# DIARRHEA: HERE WE GO AGAIN

Buzz	Bug
Bloody diarrhea, RLQ pain, contact w/ farm animals	Yersinia
Bloody diarrhea, ate raw seafood	Vibrio parahaemolyticus
Bloody diarrhea, ate rare ground beef	E. coli O157:H7



# DIARRHEA: HERE WE GO AGAIN

Buzz	Bug
Profuse diarrhea +abd pain, recent abx	???
Diarrhea, AKI, low platelets	???
Rice-water diarrhea, communal water	???



# DIARRHEA: HERE WE GO AGAIN

Buzz	Bug
Profuse diarrhea +abd pain, recent abx	C. difficile
Diarrhea, AKI, low platelets	HUS/TTP (assoc. w/ E. coli O157:H7)
Rice-water diarrhea, communal water	Vibrio cholerae (toxin)

